

Part One

- *Put video clip on again*
- Sea journeys
 - sea-sick!!
 - swell!
 - frightened?
- Background of Jewish belief about the sea
 - chaos, unpredictable, dangerous!
- Unpredictability of life:
 - do we know what is going to happen next?
 - no - and the unknown can freak us out, make us afraid!
 - what kinds of things do we ever worry about?

Percussion

- Get kids involved in percussion during Psalm 93...

Part Two

Triangle of reliability

- How many legs do you need for a stool? at least 3!
 - other wise don't sit down!
 - three legged stool
 - or three long poles - try and get to stand up on their own... in pairs... as a three
- He is over all - he reigns - v.1
- He is mighty - stronger than the feared sea - v.4
- What he says is trustworthy - v.5

If God is not...

- if he is not in charge, then he has no right to help
- if he is not mighty, then he can't help
- if he is not trustworthy, then he might not help
- Psalmist wrote a poem/song about God being over all
 - Jesus showed an example as he stilled the storm - Mark 4:35-41
 - one of the key things Jesus said as he stilled the storm was "do not be afraid"
 - because God is over everything, we don't need to be afraid
 - with a loving parent there, the fear of the dark, or of the future, or whatever, goes

