# What's Inside?

### Get prepared box:

- What do you think is in it?
  - someone up to hold it, shake it, how heavy...
  - you can get whatever is in the box... hold the box, and I'll take the lid off...
- What's inside?
  - nothing!!
  - how do you feel? How does anyone else feel?
  - disappointed?

## **Get Piggy Bank/money box**

- What do think is in this?
  - again, get someone up...
  - shake it...
  - open it and take money out...
  - can you go over to the shops with that?

### **Tomb**

- Talk about the women coming to the tomb
  - how would they have felt, coming to the tomb expecting Jesus' body to be there...
  - ... and finding it empty?
- Sometimes our first reactions, whilst natural and understandable, are wrong!
  - show hidden £££ note in the box lid
  - give it to person who opened the box!
  - how does hindsight change our initial reaction?
  - how might hindsight have changed the women's initial reaction to the empty tomb?

# **Happy and Sad**

- Give out Happy/Sad faces
- Talk about the contrasting feelings on that first resurrection Sunday...
  - sadness over losing Jesus...
  - happiness at finding him alive...

### In uncertain times

- There are times in our lives when things are uncertain and upset
  - bereavement, relationships forming or breaking down, new stages, new jobs, jobs ending, retirement, new challenges...
  - (include children what are their uncertain times?)
  - what did it feel like?
  - which of the faces you have best expresses that?
- Has anyone been in an earthquake? Or a storm at sea?
  - what did it feel like?
- God's people had known stormy times in the past, but at at their best had clung onto God and known his help:
  - cf Psalm 46 that we read earlier
- Disciples stormy time was Jesus dying:
  - what might they have expected?
  - they knew about some people in the Old Testament who came back from death, eg boy raised by Elisha in 2 Kings 4:32-36
  - they'd seen Jesus raised from death eg Lazarus
  - but they weren't expecting Jesus himself to come back from death
- (Compare with our reaction to the foreign coins in the piggy bank...)
- It was into that disappointment and sadness that the angels appears, with three key words for the women and for us:

### Don't be afraid

- Angels, messengers of God, signifiers of his presence, seem to inspire fear:
  - for God is a holy God, and instinctively in his presence we feel our sin and unworthiness
  - don't be afraid, the angel is able to say, for the reason for our fear of God's judgement is gone, dealt with by Jesus on the Cross

## He isn't here

- He is alive!
  - total transformation, incredible new reality
  - this is our joy filled foundation for faith
  - this is the hope we hold out to others

#### Go and tell

Pass it on, share what you have received!